

Name: Dr. Pintu Sil

Designation: Assistant Professor in Physical Education

Qualifications:

- PhD, Kalyani University
- M.P. Ed. Kalyani University
- B.P.Ed. Jadavpur University

Areas of Interest/ Specialization:

Theory: Exercise Physiology, Sports Medicine, Psychology and Health & Fitness

Sport: Cricket, Basketball, Badminton, Hockey

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Work Experience:

- *Worked as Assistant Teacher in St. Xavier's School, Haldia on and from 1996-1999.*
- *Worked as Assistant Teacher in Aswininagar J. N. Mondal School, Kolkata through the selection of School Service Commission for 1999-2000.*
- *Joined as Assistant Master in Physical Education in Nawab Bahadurs' Institution, Murshidabad and worked over there on and from 2000 to 2007.*
- *Joined as Assistant Professor of Physical Education in WBES service on 2007 at Govt. College of Physical Education for Women, Dinhata, CoochBehar.*
- *Also worked as Officer-in-Charge in Govt. College of Physical Education for Women, Dinhata, CoochBehar on and from 2010 to 2014.*
- *Transferred and joined as Assistant Professor in State Institute of Physical Education for Women, Hastings House, Kolkata on 2014.*

Publications:

International Journal:	Proceedings of International Conference/ Seminar: 63
National Journal:	Proceedings of National Conference/ Seminar: 22
Books:	02

Profile Summary:

Dr. P. Sil completed his schooling from Nayaratna Institution Narit, a village school from Howrah district of West Bengal. He was graduated in B.Sc. from Narasimha Dutta College, Howrah under Calcutta University in 1992. He has chosen physical education as subject for



further study as well as his profession for his love in games and sports. He completed his B.P.Ed. Course from Jadavpur University successfully in 1993 and took admission in M.P.Ed. Course at Kalyani University. He passed M.P.Ed course and stands 1st in 1st Class in 1996. He was awarded Tulsi Manna Smriti Memorial Medal by Kalyani University for achieving highest marks in Arts Faculty in that year. He joined as Assistant Teacher of Physical Education at St. Xavier's School, Haldia in the year 1996. In 1999 he joined as Assistant Teacher in Aswininagar J. N. Mondal School, Kolkata through the selection of School Service Commission. In the year 2000, Dr. Sil was selected by PSC of West Bengal as Assistant Master in Physical Education and joined at Nawab Bahadurs' Institution, Murshidabad. As Assistant Professor in Physical Education, Dr. Sil joined in WBES service on 2007 at Govt. College of Physical Education for Women, Dinhata, CoochBehar. He also had given additional responsibility of Officer-in-Charge for the same Govt. College at Dinhata on 2010. He was awarded Ph.D. degree at that time from Kalyani University. In his professional achievements, Dr. Sil has authored a text book on Anatomy, Physiology and Exercise Physiology named "Sarirshikshay Sarirvidya"(2011) and another practical work book of Athletic named "Track and Field: Prosuti O Chinchitakaran"(2013). Dr. Sil transferred from Govt. College of Dinhata and joined at State Institute of Physical Education for Women, Hastings House, Kolkata on 2014. In his carrier in Higher Education he published more than 60 International and National Research Papers and attend numbers of National and International Conference and Seminars.